

BIBLIOTECA CRIATIVA

construindo a sua



MÉTODO
FOOD STYLING
A arte de gerar desejo

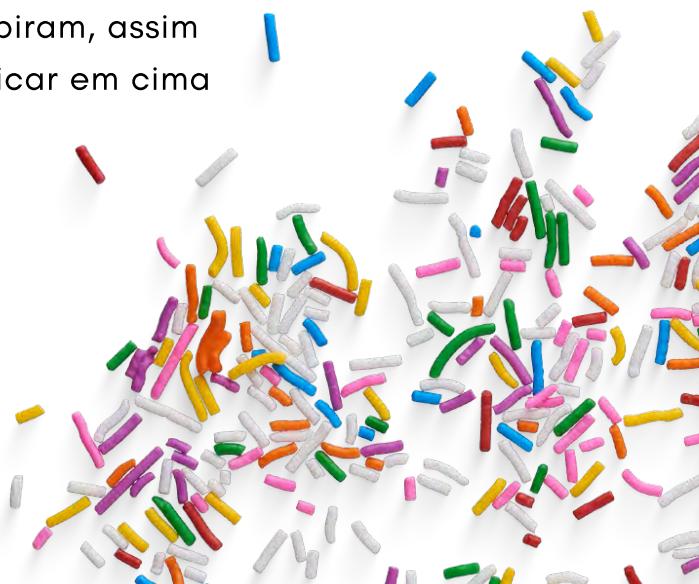


LISTA CRIATIVA

Essas são minhas referências!

Você pode pegar uma fotografia como referência e inspiração, mas é importante que com o tempo você crie algo que seja a sua marca registrada, aquele toque especial com a sua cara, que depois de um tempo as pessoas baterão o olho no seu **FEED** e saberão que aquelas fotos são suas mesmo, sem ler a legenda.

A seguir você terá acesso a uma lista das minhas referências no Instagram. Perfis que me inspiram, assim como vocês são inspirados por mim. É só clicar em cima da foto e ir direto para o perfil escolhido.



Olhe o que te agrada mais na foto!

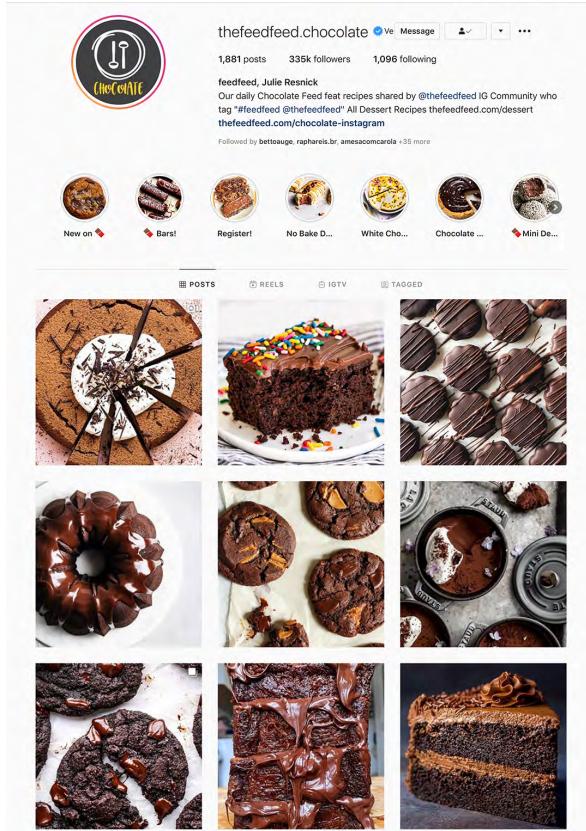
Clique em cima do nome do perfil e vá direto ao Instagram dele. Por exemplo: clique em cima de **thefeedfeed.chocolate**

The profile has 1,881 posts, 335k followers, and 1,096 following. Below the bio, it says 'Followed by bettoauge, raphareis.br, amesacomcarola +35 more'. There are seven small thumbnail images below the bio, each with a caption: 'New on 🎉', 'Bars!', 'Register!', 'No Bake D...', 'White Cho...', 'Chocolate ...', and 'Mini De...'. The main feed shows a 3x3 grid of chocolate dessert photos, including a bundt cake, cookies, brownies, and various chocolate bars and cakes.

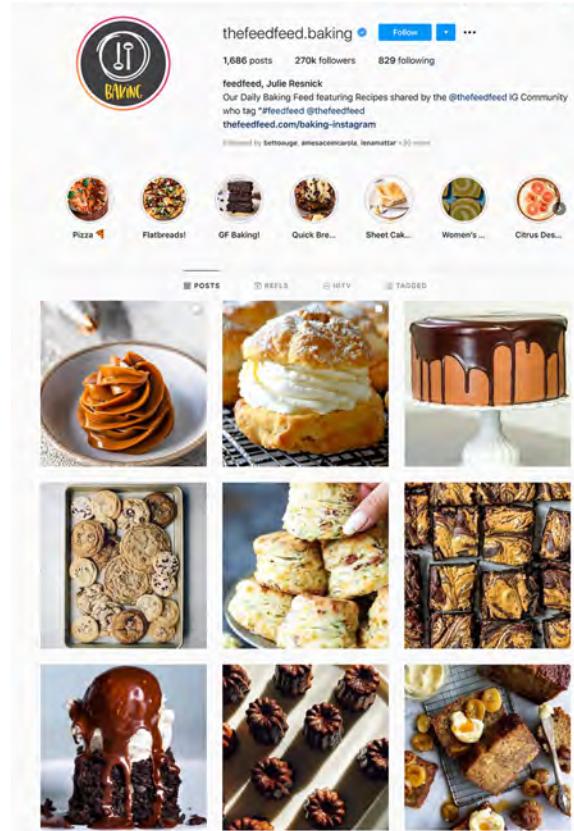
Segue a biblioteca criativa!

Abaixo algumas de minhas referências prediletas:

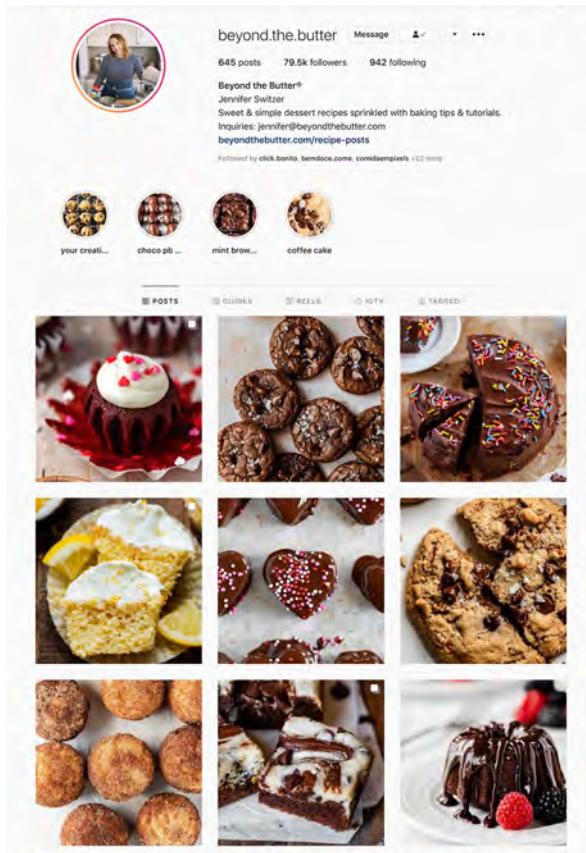
THEFEEDFEED.CHOCOLATE



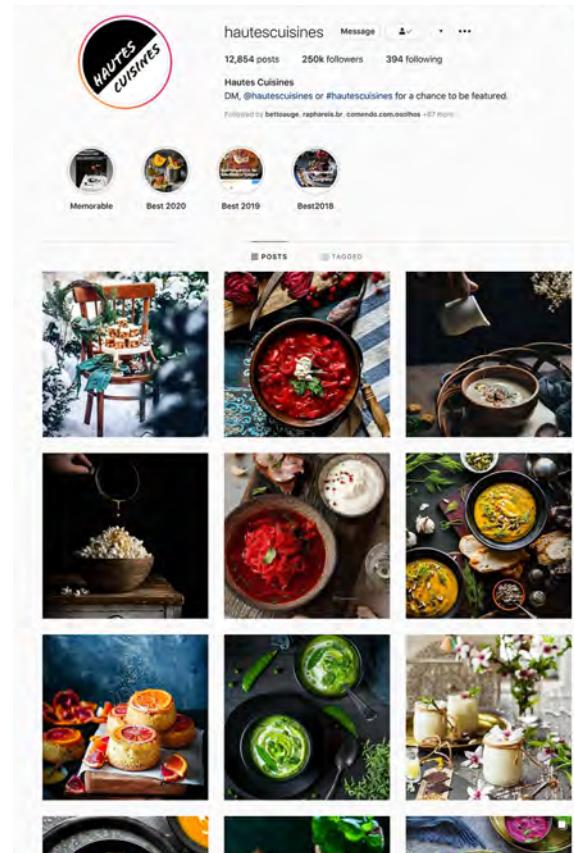
THEFEEDFEED.BAKING



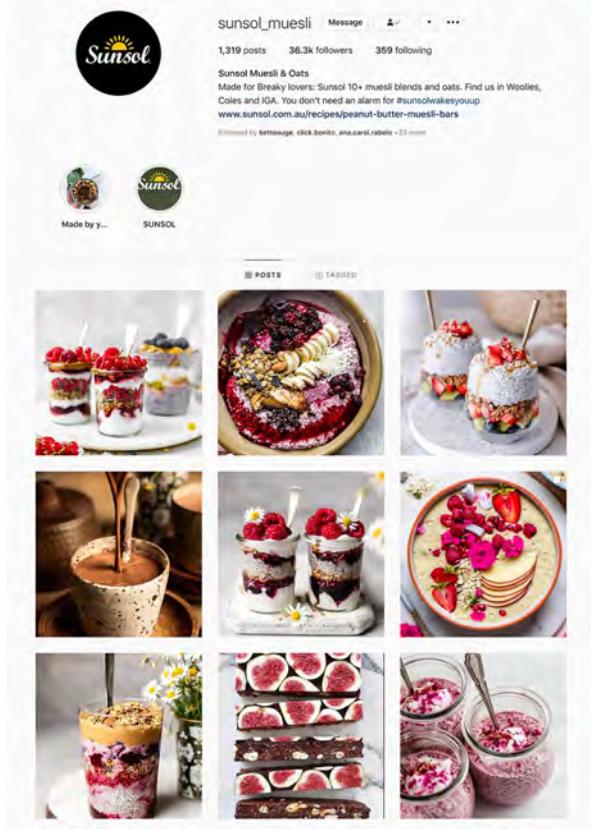
BEYOND.THE.BUTTER



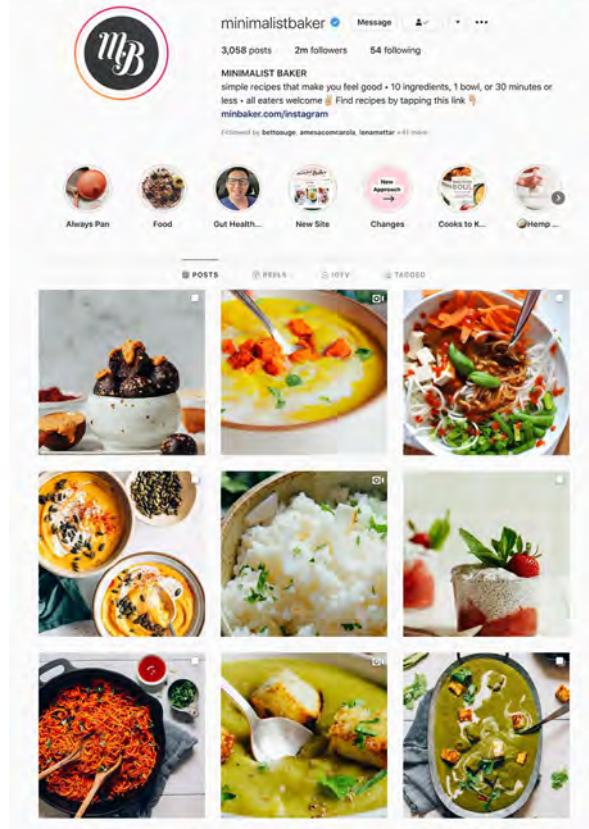
HAUTECUISINES



SUNSOL_MUESLI



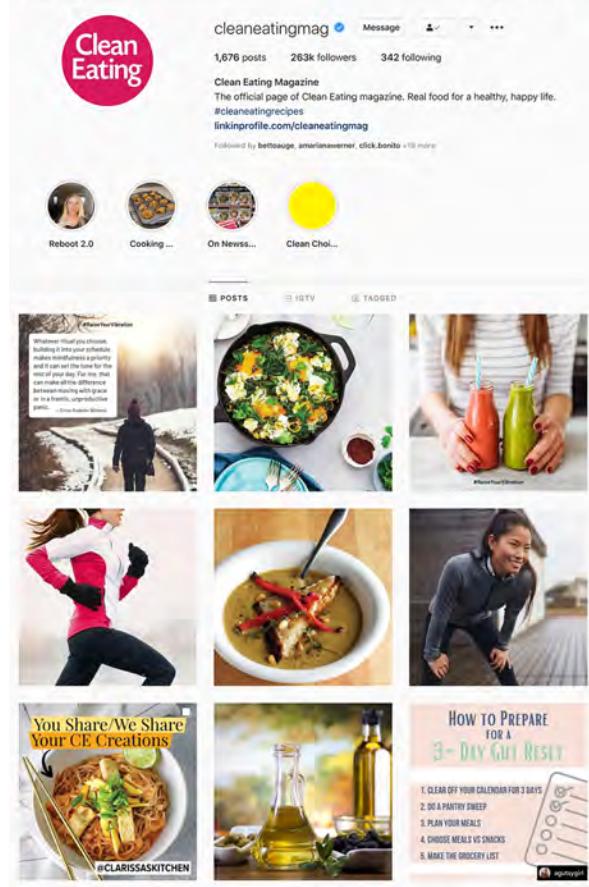
MINIMALISTBAKER



VIMERGY



CLEANEATINGMAG



BRIEWILLY

 briewilly [Follow](#) • ...

871 posts 37.2k followers 329 following

Brie Willy aka Chad Montano 🇺🇸 Food, Lifestyle, & Restaurant Photography. Lover of cameras, food, fitness, artificial light, and bbq. San Diego, CA www.briewillyphotography.com

Followed by [bettouage](#), [click.bonito](#), [bendocu](#) • 19 more...

Shrimp Bo... Cinematic... XXX Chick... Salmon Roll Sexy Toast S'mores D... Edit & Chill

31 POSTS **REELS** **IOTV** **TAGGED**



DETOXINISTA

 detoxinista [Message](#) • ...

1,757 posts 170k followers 212 following

Megan Gilmore No fads; just real food recipes. Author of Everyday Detox + No Excuses Detox Fresh & Healthy Instant Pot Cookbook 🍲 Get the recipes you see here: linkinprofile.com/detoxinista

Followed by [bettouage](#), [comendo.com.osolhos](#), [federikadelippis](#) • 21 more...

FAVORITE RECIPES KITCHEN COUNTER TOPS DIY ACCESSORIES CURRIED CHICKEN STEW MEAL IDEAS COOKING WITH WILD RICE VEGAN RECIPES

31 POSTS **REELS** **IOTV** **TAGGED**



FOODMATTERS

 foodmatters [Message](#) • ...

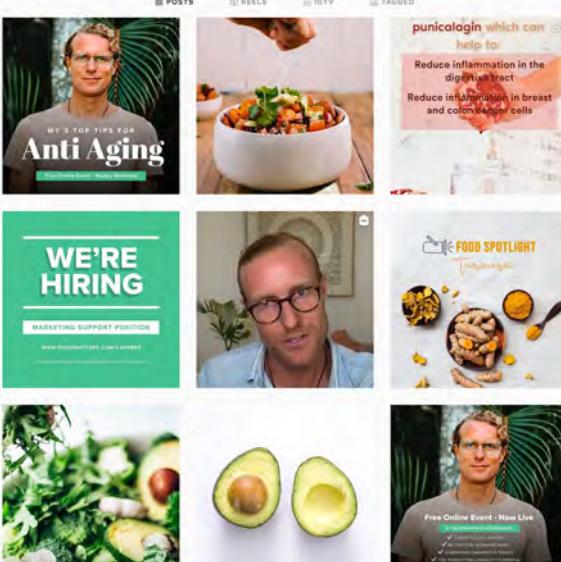
5,043 posts 349k followers 787 following

Food Matters Eat well, live well. Recipes, articles, programs and more. linkin.bio/foodmatters

Followed by [bettouage](#), [deliciasltdafraen](#), [bozao](#) • 11 more...

CERT PRO... CLEAN EA... FREE CLA... WILD & FR... RECIPES WELLNESS HEALTH TI...

31 POSTS **REELS** **IOTV** **TAGGED**



FULLPROOFBAKING

 fullproofbaking [Follow](#) • ...

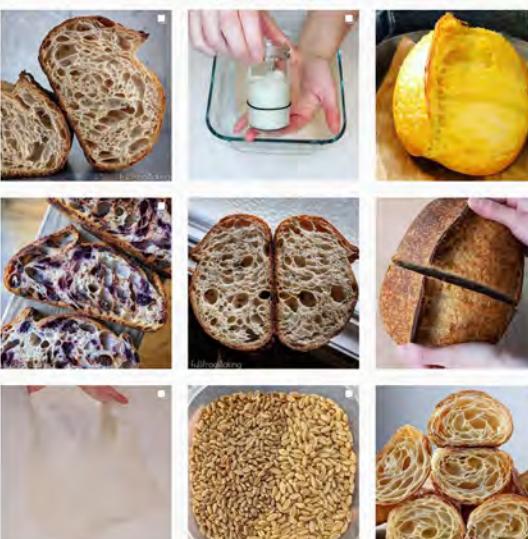
798 posts 342k followers 368 following

Full Proof Baking Kristen Dennis #sourdough obsessed home baker For consult/Q&A/assessment please email me See link for educational posts! searchmysocial.media/fullproofbaking

Followed by [boontangpotter](#), [raspberry.br](#), [bozao](#) • 18 more...

Starter Jars About Me! Supplies Anti-Racism Get Started! Starter Care Basic Met...

31 POSTS **TAGGED**





CRIATIVIDADE É INVENTAR,
EXPERIMENTAR, CRESCER,
ARRISCAR, QUEBRAR AS
REGRAS, COMETER ERROS
E SE DIVERTIR.



Mary Lou Cook

