

# MÓDULO 04 - LOOK BACK

## DEFINITION

LOOK BACK (at) someone; (on) memories / events in the past) = to think about or remember the past; to look behind you

LOOK BACK is INSEPARABLE

LOOK is a REGULAR verb

LOOK – LOOKED – LOOKED

## EXAMPLES AND EXPLANATIONS

### 1. Present tense + frequency adverbs

**Don't ever** look back, **darling**; it distracts you from the now.

We use the word EVER in 3 situations:

1. In questions = “ever” means “at some time in your life”
    - o Do you ever make mistakes?
    - o Have you ever been arrested?
  2. With superlatives = “ever” means “of all”
    - o You are the best students ever!
    - o Today was the worst day ever!
  3. Not ever = “never”
    - o Do not ever say that again! = Never say that again!
    - o I haven't ever been on an airplane. = I've never been on an airplane.
- darling = term of endearment - “honey” and “sweetie” are other common ones.

### 2. Present continuous

My friends *are* all *looking back* at us. Let's **wave** at them!

- wave = to move your arms and hands to say “hi” or get someone's attention
  - o Did you see me waving to you from the audience?

### 3. Past simple

Christine *looked back* **fondly** on her time in Malta.

- fondly = means “with affection”
  - o Your teacher spoke fondly of you.
- To be fond of = to like
  - o I was very fond of my grandma's spaghetti.
  - o I'm not really fond of raw fish.

### 4. Past continuous

We were **going through** old photographs and *looking back* on our childhood memories.

- go through = pass through literally or figuratively
  - o I went through the park on my way home.
- She's gone through a lot this year. / She's been through a lot this year. = She has suffered/endured a lot this year.

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### 5. Used to + modal verb (would)

Camilla used to say that she would never *look back on* her past.

### 6. Future (will)

Don't worry, one day we'll all *look back on* this and laugh!

### 7. Present perfect + modal verbs (should) + past simple

*Looking back on* Giovanna's birthday, we really shouldn't have drunk so much wine. We all got terrible **hangovers**.

- a hangover – what you get when you drink too much alcohol
  - o Marty had a hangover yesterday. He drank too much the night before.
- be hungover – your state after you drink too much.
  - o Marty is hungover. He doesn't feel well.

### 8. Past simple + present perfect

He left his job to start his own company and has never *looked back*.

### 9. Conditionals

If she hadn't *looked back* so much on her past relationship, she would've met another guy easily.

### 10. Modals (must, may)

You must *look back* **in order to** learn from your mistakes. If not, you may **end up** repeating them.

- in order to... = so that one can achieve...
  - o I had to study for 10 years in order to become a doctor.
  - o We moved to California in order to live closer to our families.
- end up = phrasal verb that means "arrive in a situation that you hadn't planned on"

## PRACTICE

Do you often look back on the past? If so, what do you look back on? What are some of your favorite memories?